

Paul McCartney, whose next project will be a classical album (entitled "Working Classical"), also was reminded of his Beatles mates when he met Maharishi Mahesh Yogi again last year - 30 years since the Beatles had last visited the Eastern sage. "I suddenly thought, 'I wonder what he's doing 30 years on? I wonder how old he is, because he was no spring chicken back then,'" said McCartney, who now meditates each day. "And he's like in his 80s now. We went to Holland, where he's based now, to see him. He's great. Apparently, he went back to India, but the movement went down, he said, because the communications were bad. And he's very much into communications. So he's now based near Amsterdam. And he broadcasts to 52 different satellite stations a day. Excuse me, he's only like 80-something! But he's still rocking and rolling." McCartney took daughter Stella to meet the Maharishi, and she brought a video camera along. "At the end of the [four-hour meeting], I said, 'Maharishi, do you mind, my daughter would like to take some video.' And he said, 'OK, sure.' So she puts the camera on him and says, 'OK, Maharishi, what have you got to say for the camera, then?' And he says, 'Enjoy!' And that happened to be the same message from 30 years ago that he wrote in my book. So he's consistent at least. "And you know what? That is actually awfully good advice."

This story ran on page N02 of the Boston Globe on 10/03/99.